

Kaukauna Clinic, S.C.  
305 E. 12<sup>th</sup> Street  
Kaukauna, WI 54130

## HEALTH HISTORY

Patient name: \_\_\_\_\_ Birth date: \_\_\_\_\_ Today's date: \_\_\_\_\_

This history form provides us with information to help us meet all your healthcare needs. Please complete both sides of this form answering each question. This is a confidential part of your medical record and will be kept in this office.

**CHIEF COMPLAINTS:** (Please list in order of importance the present health concerns, symptoms, or problems you are experiencing): \_\_\_\_\_

\_\_\_\_\_

Please list all medicines you are currently taking including nonprescription and herbal drugs:

\_\_\_\_\_

\_\_\_\_\_

Please list all serious illnesses, accidents, operations and other hospitalizations you have experienced and the year they occurred: \_\_\_\_\_

\_\_\_\_\_

Please list all allergies (drugs, foods and environment): \_\_\_\_\_

\_\_\_\_\_

**Medical history** (Do you currently have or have you ever had any of the following symptoms or diseases):

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Heart Disease          | <input type="checkbox"/> Thyroid disease                | <input type="checkbox"/> Headaches               |
| <input type="checkbox"/> Cancer                 | <input type="checkbox"/> Tire easily                    | <input type="checkbox"/> Dizziness               |
| <input type="checkbox"/> Diabetes               | <input type="checkbox"/> Sensitivity to heat<br>or cold | <input type="checkbox"/> Memory loss             |
| <input type="checkbox"/> Glaucoma               | <input type="checkbox"/> Numbness/tingling              | <input type="checkbox"/> Ringing in ears         |
| <input type="checkbox"/> High blood<br>pressure | <input type="checkbox"/> Hair or nail<br>changes        | <input type="checkbox"/> Trouble hearing         |
| <input type="checkbox"/> Stroke                 | <input type="checkbox"/> Night sweats                   | <input type="checkbox"/> Easy bleeding           |
| <input type="checkbox"/> Tuberculosis           | <input type="checkbox"/> Hot flashes                    | <input type="checkbox"/> Easy bruising           |
| <input type="checkbox"/> AIDS/HIV               | <input type="checkbox"/> Seizures                       | <input type="checkbox"/> Frequent nose<br>bleeds |
| <input type="checkbox"/> Blood transfusions     | <input type="checkbox"/> Weakness or<br>paralysis       | <input type="checkbox"/> Sinus problems          |
| <input type="checkbox"/> Osteoporosis           |   | <input type="checkbox"/> Frequent colds          |
| <input type="checkbox"/> Depression             |   | <input type="checkbox"/> Chronic cough           |

- Persistent hoarseness
- Sore throat (frequent)
- Pneumonia
- Wheezing/Asthma
- Breathing problems
- Bloody sputum
- Chest pains
- Irregular heartbeat
- Swelling of hands, feet ankles
- Hay fever/allergies
- Hemorrhoids
- Hernia
- Frequent urination
- Leakage of urine
- Trouble starting urine
- Blood in urine
- Back pain
- Varicose veins
- Joint pain or stiffness
- Swollen joints
- Skin rashes
- Psoriasis/eczema
- Sleeping difficulties
- Suicide thoughts
- Venereal diseases
- Lack of sex drive
- Tattoos

- Vision changes
- Do you wear glasses/contacts
- Heartburn
- Abdominal cramping
- Persistent nausea/vomiting
- Ulcers in stomach
- Jaundice
- Increase in thirst
- Change in appetite
- Weight gain
- Weight loss
- Bloody or tarry stools
- Chronic diarrhea
- Constipation
- Chicken pox

**Vaccines:**

- Tetanus \_\_\_\_\_
- Flu \_\_\_\_\_
- Pneumonia \_\_\_\_\_
- Chicken pox \_\_\_\_\_
- Hepatitis B \_\_\_\_\_
- COVID \_\_\_\_\_

**Males only:**

- Discharge from penis
- Pain or lump in testicles

- Impotence
- Prostate problems

**Females only:**

Age period began \_\_\_\_\_  
 Days of flow \_\_\_\_\_  
 Days between periods \_\_\_\_  
 Heavy flow  
 Pain/ cramps  
 Pain with intercourse  
 History of abnormal pap test? \_\_\_\_\_  
 Date of last pap smear \_\_\_\_\_

Type of birth control \_\_\_\_\_

# of pregnancies \_\_\_\_\_  
 Full term \_\_\_\_\_  
 Preterm \_\_\_\_\_  
 Miscarriages \_\_\_\_\_  
 Abortions \_\_\_\_\_

Menopause age \_\_\_\_\_  
 History of breast problems

Do you do breast self-exams? \_\_\_\_\_  
 Date of last mammogram \_\_\_\_\_

When was your last physical exam? \_\_\_\_\_ When was your last dental exam? \_\_\_\_\_  
 When was your last eye exam? \_\_\_\_\_

**Habits:**

Smoking- cigarettes or cigars

# Per day \_\_\_\_\_ # of years \_\_\_\_\_ If former smoker, date quit \_\_\_\_\_

Chew- amount \_\_\_\_\_

Alcohol- type \_\_\_\_\_ amount per week \_\_\_\_\_

Street drugs- type \_\_\_\_\_ amount \_\_\_\_\_

Caffeine- type \_\_\_\_\_ amount per day \_\_\_\_\_

Exercise- type \_\_\_\_\_ frequency \_\_\_\_\_

Do you wear a seatbelt? \_\_\_\_\_

Do you keep firearms in your home? \_\_\_\_\_ If yes, are they in a locked case? \_\_\_\_\_

**Children:**

Are vaccines up to date? \_\_\_\_\_

(Please provide us with a copy of the immunization record)

Are there any behavioral problems? \_\_\_\_\_

**Family History:**

- |  |   |                                     |
|--|---|-------------------------------------|
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Arthritis        | <input type="checkbox"/> Alcoholism |
| <input type="checkbox"/> Tuberculosis        | <input type="checkbox"/> Glaucoma         | <input type="checkbox"/> Obesity    |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Migraines        | <input type="checkbox"/> Hepatitis  |
| <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Depression       | <input type="checkbox"/> AIDS/HIV   |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Allergies  |
| <input type="checkbox"/> Stroke              | <input type="checkbox"/> Easy bleeding    |                                     |
|  | <input type="checkbox"/> High cholesterol |                                     |

List the present age or the age of death of each of the following family members. If deceased, list the cause of death.

Mother \_\_\_\_\_

Father \_\_\_\_\_

Sister (s) \_\_\_\_\_

Brother (s) \_\_\_\_\_

Spouse \_\_\_\_\_

Children \_\_\_\_\_

Maternal Grandmother \_\_\_\_\_

Maternal Grandfather \_\_\_\_\_

Paternal Grandmother \_\_\_\_\_

Paternal Grandfather \_\_\_\_\_

To the best of my knowledge, the questions on this form have been accurately answered. I understand that providing incorrect information can be dangerous to my health. It is my responsibility to inform the doctor's office of any changes in my medical status.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Provider's comments:

Provider's signature \_\_\_\_\_ Date \_\_\_\_\_